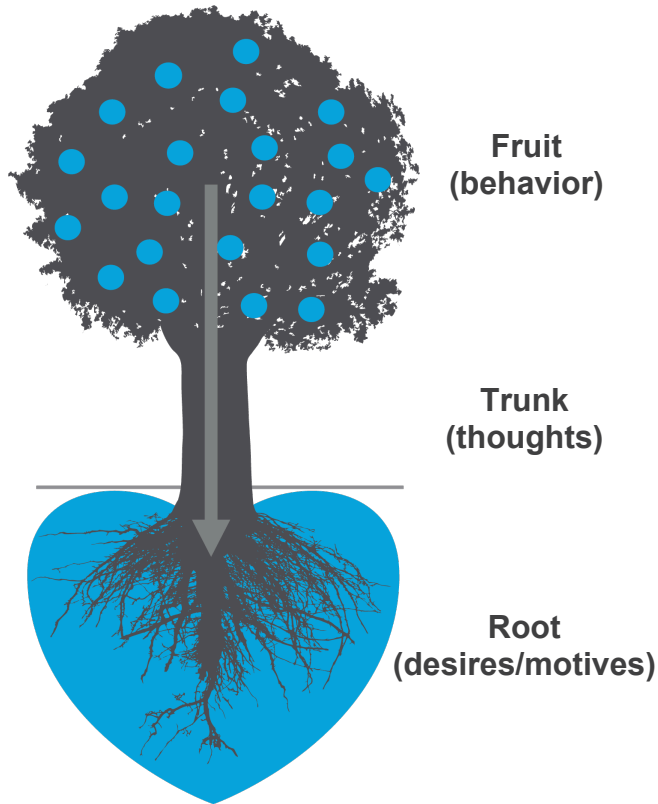


FROM FRUIT TO ROOT



Describe the situation...and your response to it.

| | |
|---|--|
| <p style="text-align: center;">ANGER</p> <p>Interrupting/Defensive Impatient /Irritable Critical/Judgmental Sarcastic/Harsh (Peace Breaker)</p> | <p style="text-align: center;">FOOLISHNESS</p> <p>Deceiving/Lying Joking/Distracting Insensitive/Immature Attention Seeking/Over Emotional</p> |
| <p style="text-align: center;">DESPAIR</p> <p>Hiding/Escaping Complaining/Grumbling Lonely/Dependant Self-Conscious/Shy</p> | <p style="text-align: center;">FEAR</p> <p>Controlling/Avoiding Second Guessing People Peasing Enabling/Appeasing (Peace Faker)</p> |

What were you thinking or feeling?

| | |
|---|--|
| <p style="text-align: center;">ANGER</p> <p>Bitter/Vengeful thoughts Perpetrator /Intimidating/Manipulative I'm right/I can't be wrong I'm entitled</p> | <p style="text-align: center;">FOOLISHNESS</p> <p>Selfish/Blame Shifting Thoughts Impulsive/Risk taker I'm a trouble maker I can't help it</p> |
| <p style="text-align: center;">DESPAIR</p> <p>Defeating/Doubting Thoughts Outcast/Isolated I'm a loser/Why go on? I'm unworthy</p> | <p style="text-align: center;">FEAR</p> <p>Perfectionistic/Self-Protective Thoughts Victim/Shame I'm damaged goods/Never good enough I'm unlovable</p> |

What did you want?

| | |
|--|--|
| <p style="text-align: center;">ANGER</p> <p>Control Authority Power</p> | <p style="text-align: center;">FOOLISHNESS</p> <p>Pleasure Attention Greed</p> |
| <p style="text-align: center;">DESPAIR</p> <p>Comfort Affirmation Escape</p> | <p style="text-align: center;">FEAR</p> <p>Security Acceptance Peace</p> |

DETERMINE THE S.O.S.

| | | | |
|------------------|---------------------------|------------------------------|-------------------------------|
| Severity | 1 | 5 | 10 |
| | Wisdom issue | Moderate conflict | Crisis |
| | Mild Stress | Distressed but functioning | Stronghold sin |
| | Everyday problems | More complex issues | Significant suffering |
| Ownership | 1 | 5 | 10 |
| | Repentant | Sees sin | Blameshifts |
| | Open, humble | Makes excuses | Defensive |
| | Highly teachable | Moderately teachable | Denial - Not teachable |
| Support | 1 | 5 | 10 |
| | Close to family | Some family support | Estranged from family |
| | Intimate & Accountable | Few friends | No friends |
| | Vulnerable in small group | Somewhat open in small group | Isolated - Not in small group |

- How long has this been going on?
- How are you thinking / feeling about the situation?
- Is it better or worse than X months/weeks ago?

- How have you contributed to this situation?
- Where have you sought counsel on this?
- What have you done about it?

- Who else knows about this?
- How have they helped you?
- How can I pray/support you during this time?

Scores:

To find the right score, add your severity, ownership and support scores together, you should come up with a score between 3 and 30. The following ranges will help you decide what to do next. Remember you need to adjust responses on a case-by-case basis.

- 3-15 Care for in the group; consult with your flock leader
- 16-24 Consult with flock leader; possibly refer to BSC for formal counseling
- 25-30 Refer to Pastor/Elder or BSC for formal counseling