

What to Bring

Packing List

Sleeping

Dorm Style

- You will be sleeping in air conditioned rooms. For some campers, rooms may not get as cold as your default home temperature. You may want to bring a small battery powered fan and extra batteries if you want to be sure you are cool enough at night.
- You will need bedding, including:
 - Sleeping bags are preferred, (especially if camping out) or XL twin size sheets and blankets.
 - Pillow

Clothing

Summer

- T-Shirts – Bring several that you don't mind getting dirty. Please do not bring shirts with statements, logos, graphics, or pictures of companies, bands, or other entities that represent ideals that are in conflict to Christian values.
- Shorts – Bring athletic/hiking shorts that you don't mind getting dirty. Do not bring short shorts. You will be wearing harnesses, which will rub your skin if your shorts aren't long enough.
- Shoes – Hiking/athletic shoes are necessary. Do not bring new shoes. Bring a back-up pair. If it rains, we'll keep playing. Closed-toed shoes are required. **Do not bring flipflops for your main shoe**, but do bring them for around the dorm room and showers.
- Socks and Underwear – Bring extras of both. It's Adventure Camp!
- Rainwear – A rain jacket/poncho will be the most important of these items.

- Hat / Bandana
- Swimsuit – We suggest bringing two swimsuits to rotate. You might get wet every day. You may also have to hike in your swimsuit at times. Ladies One pieces or tankini (with full coverage). Shorts for swimming are also a good idea. No bikinis.
- Jacket / Long Sleeves – It gets cold in the mornings and evenings in the mountains!
- Jeans / Long Pants – For adventure and for staying warm in the mornings/evenings.
- Nice Casual Clothes – Nothing too nice. It could get dirty. But you may want to dress decent once or twice while here.
- Not So Nice Clothes – Please bring a few pairs of shoes and clothing that could get ruined. Each year, we have activities where you will get muddy, wet, painted, etc. Your shoes and clothes are likely to get wet and we want you to be as comfortable as possible.

Bathroom

- Toiletries – toothbrush, toothpaste, shampoo, deodorant, soap...the usual.
- Tote or Toiletries Bag – To take your items to and from the shower.
- Towels – One for the shower and one for the lake.

Other Items

- Bible, Notepad, Pen
- Water bottles – Two large (32 oz) water bottles (minimum). Due to the high elevation and degree of activity, hydration is an essential part of the Camp Eagle experience. We have Nalgene Water Bottles for sale at our Camp Stores.
- Hydration Backpack (optional) – These are nice along with, or instead of, water bottles.

- Flashlight or Headlamp
- Extra Batteries
- Insect Repellant
- Backpack
- Spending Cash – You don't have to have any for camp, but we do have a Camp Store and Coffee Shop if you'd like to buy something from those retail locations.
- Camera
- Medications – These all need to be turned in to your Group Leader who will turn them into our Medical Station. No prescription meds can be kept in your room. Please put these in a ziplock bag, in the original packaging, with your name on the outside.
- Earplugs If you're a light sleeper.

Medication

- All medication must be given to our medical staff upon arrival on opening day. The medication will be administered by the medical staff only. Any unauthorized medication is not permitted.

Lost and Found

- Please label your child's belongings. Camp Eagle is not responsible for any lost or broken items.